

HermanMiller
Embody®



So intelligent, sitting in it actually helps you think



Embody

Designed by Bill Stumpf and Jeff Weber

Embody began with the recognition of a previously unsolved problem: the lack of physical harmony between people and their technology. Spending too much time sitting in front of our laptops or staring at our tablets, moving nothing but our fingers, can make us stiff and tired because our bodies are made to move. With Embody, designers Bill Stumpf and Jeff Weber set out to solve this problem.

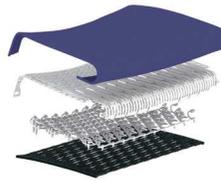
More than 30 physicians and PhDs in the fields of biomechanics, vision, physical therapy, and ergonomics contributed their expertise to help guide the development of this chair. As a result, Embody has set a new benchmark for pressure distribution, natural alignment, and support for healthy movement in ergonomic seating.



Performance

You feel Embody's Pixelated Support™ the moment you sit down—a sense that you are floating, yet perfectly balanced. Thanks to a dynamic matrix of pixels, Embody's seat and back surfaces automatically conform to your body's micro-movements, distributing your weight evenly as you sit. This reduces pressure and encourages movement, both of which are key to maintaining healthy circulation and focus.

Embodys back is designed like yours, with a central spine and flexible ribs. The Backfit™ adjustment allows you to position the backrest in line with your spine's natural curve, so you achieve a neutral, balanced posture. Once the chair is tuned to fit you, the backrest adapts to your movement, adjusting automatically to your shifting positions. Whether you lean forward or recline, support remains constant.



A combination of support layers in Embody's seat work together to reduce seated pressure. These layers were designed to allow for airflow, keeping you cool and comfortable as you sit.



The Backfit adjustment lets the chair's back embrace your spine's unique curves, holding your head in alignment with your technology.

Embodys tilt technology keeps your back at a proper angle to the seat, allowing your body to move naturally into the most healthful seated postures while keeping your pelvis stable.



Embody's narrow backrest lets your arms and shoulders move unimpeded. This movement helps open your lungs and encourages deeper breathing and more focused thinking.

Design

Form doesn't just follow function with Embody. Function is on full display. Every part of the chair was designed to serve a very specific, healthful purpose. Embody's technology isn't hidden, but is instead part of its aesthetic.

After years of research, design, building, and testing—and then doing it all over again (and again)—the art of design and the science of seating came together perfectly to create Embody.

About Bill Stumpf and Jeff Weber

The Embody story began in the design studio of Jeff Weber and the late Bill Stumpf, who worked with Herman Miller for 30 years on a number of products, including the Ergon® chair, Ethospace® system, and Equa® and Aeron® chairs, which he designed with Don Chadwick. Bill passed away during the development of Embody, and Jeff carried on. "Bill's design spirit will inspire all my future work," says Weber, whose design credits also include the Caper® chair. Stumpf and Weber also teamed up on the design of the Envelop® Desk for Herman Miller.



Bill Stumpf



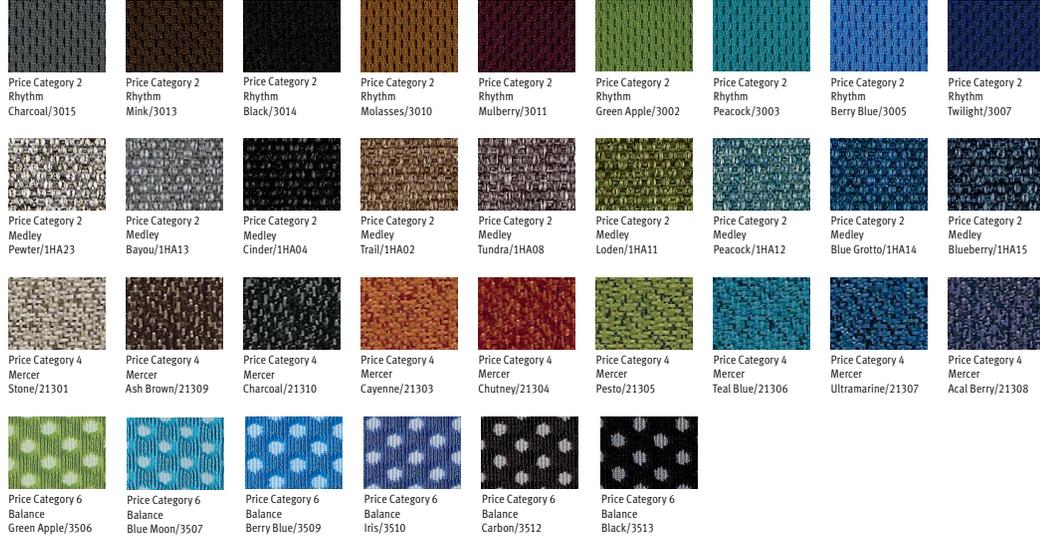
Jeff Weber

Materials

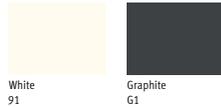
Embody comes in a range of textile colors and a choice of frame and base finishes to allow you to personalize the look of your chair. Visit hermanmiller.com/materials to see our complete textile offering.

Embody Chair

Seat & Back Textiles



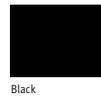
Frame Finish



Base Finish



Armpad Finish



Family

Work Chair

Overview

Maximum User Weight 300 lbs/136 kg
Population Range 2nd–98th Percentile

Back Support

PostureFit® Sacral Support Standard
Lumbar Support Standard
Thoracic Support Standard

Seat Height

Low-Height Range 15"–19"
Standard-Height Range 16"–20½"
Extended-Height Range 17"–22"

Seat Depth

Adjustable Seat 15"–18"

Tilt

Tilt Limiter Standard

Arm Options

No Arms
Fully Adjustable Arms

Environmental Highlights

Recyclability Up to 95%
BIFMA level® 3
GREENGUARD® Gold
Cradle to Cradle® Silver

For more information, please visit hermanmiller.com or call 888 443 4357.

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